



CERTIFICATE OF PARTICIPATION

This is to certify that

Stefan Nel

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:00:44

PACE 07:09/km

GENDER 281 of 563

OVERALL 381 of 834

SENIOR (20- 159 of 39) 291



08 July 2023, Sat

Date

BoutTime

Signature